



Sweet Spicy Breakfast Oats

Servings: 2

Ingredients

2 C water

1 C Quaker Old Fashioned Rolled Oats

Pinch sea salt

1 Royal Gala apple, peeled, cored and chopped

2 T **Gustare Cinnamon-Pear Balsamic Vinegar**

Directions

Bring water to a boil in small saucepan. Add oats, salt, chopped apple and simmer for 3 minutes. Add balsamic vinegar and simmer for an additional 2 minutes.

Enjoy!

Option: Top with a spoonful of your favorite Greek yogurt.

to taste, to enjoy, to savour