



Sweet Spicy Breakfast Oats

Servings: 2

Ingredients

- 2 C water
- 1 C Quaker Old Fashioned Rolled Oats
- pinch sea salt
- 1 Royal Gala apple, peeled, cored and chopped
- 2 T **Gustare Cinnamon-Pear Balsamic Vinegar**

Directions

Bring water to a boil in small saucepan. Add oats, salt, chopped apple and simmer for 3 minutes. Add balsamic vinegar and simmer for an additional 2 minutes. Enjoy!

Option: Top with a spoonful of your favorite Greek yogurt.

to taste, to enjoy, to savour

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